



## QUESTIONS FOR MY DOCTOR

1. What is the diagnosis?  
How long is it likely to last?
2. What can I do to help myself get better?
3. What is the name of the new medicine you have prescribed for me?
4. What does the medicine do and how should I use it?
5. How long should I use it?
6. Are any side effects likely or should I expect to feel any different while taking this medicine?
7. When should the medicine be reviewed or stopped?
8. Please fill in/check my MediList. Will this medicine interact with other medicines I use?

## TEST Results/Notes

TEST	Results/Notes

## KEY DATES/ APPOINTMENTS

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## USING THIS MEDILIST

- Ask your pharmacist and doctor to fill in your MediList showing ALL the medicines you use regularly (including medicines prescribed by doctors and medicines bought from pharmacies, supermarkets or health food shops).
- Update your MediList whenever a new medicine is added or your medicine/s change.

### DOCTOR:

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_

### PHARMACIST:

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_



## MEDILIST & HEALTH RECORD

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Telephone: \_\_\_\_\_

Safety Net number: \_\_\_\_\_

Medicine number: \_\_\_\_\_

Concession card type: **Gold / White**





ALLERGIES: \_\_\_\_\_



DATE NAME OF MEDICINE

STARTED

Generic name/Brand name

Strength

WHAT IT'S FOR

DOSE/TIMING

SPECIAL INSTRUCTIONS

DATE STARTED	NAME OF MEDICINE Generic name/Brand name	Strength	WHAT IT'S FOR	DOSE/TIMING	SPECIAL INSTRUCTIONS

### QUESTIONS FOR MY PHARMACIST

1. How and when is the best way to use this medicine?
2. What food, drink, activity or storage might affect how well this medicine works?
3. What can I do to reduce the chance of any side effects?
4. Please fill in/check my MediList. Will this medicine interact with other medicines I use?
5. What should I do if I miss a dose?
6. Can you give me any information about this medicine?
7. Using medicines is a problem for me because of my sight/swallowing/strength/memory. How can you help me?
8. Are any side effects likely or should I expect to feel any different while taking this medicine?

Phone the PBS information line on 1800 020 613 for extra copies of this card.

